

**For more information about ECFE,
contact your local school district's
Community Education department:**

Centennial ECFE
620 Town Center Parkway
Lino Lakes
763-792-6120
www.isd12.org/ecfe

**Cottage Grove,
Woodbury, Newport,
St. Paul Park ECFE**
8598 Central Park Place
Woodbury
651-768-5330
www.sowashco.k12.mn.us

Forest Lake ECFE
200 S.W. 4th St.
Forest Lake
651-982-8300
www.forestlake.k12.mn.us

Mahtomedi ECFE
1520 Mahtomedi Ave.
Mahtomedi
651-407-2014
www.mahtomedi.k12.mn.us

Mounds View ECFE
2101 14th St. N.W.
New Brighton
651-621-7420
www.moundsviewschools.org

**North St. Paul/
Maplewood/Oakdale
ECFE**
1945 Manton St.
Maplewood
651-748-7280
www.isd622.org

Roseville ECFE
710 W. County Road B
Roseville
651-487-4378
www.isd623.org/commed/ecfe

St. Paul ECFE
1845 Sheridan Ave.
St. Paul
www.ecfe.spps.org

Stillwater ECFE
14480 N. 60th St.
Stillwater
651-351-8350
www.stillwater.k12.mn.us

White Bear Lake ECFE
2482 E. County Road F
White Bear Lake
651-653-3100
www.whitebear.k12.mn.us

Congratulations!

You and your baby
are invited
to a world of learning at
Early Childhood Family Education.

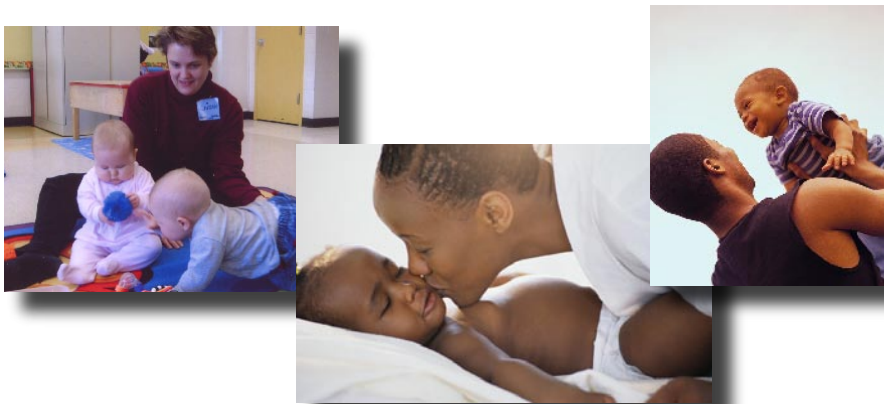


**Building Blocks for
Family and School Success**

Learn more about ECFE at www.ecfe.info
or call 651-582-8402.

Early Childhood Family Education- ECFE includes:

- Play and learn activities for parents and babies
- Parent education
- Home visits
- Resource library with toys, books and other learning materials at some ECFE locations



ECFE Parents Say ...

- “ECFE classes are very accessible.”
- “Sliding fees are affordable.” (No one is turned away due to inability to pay class fees.)
- “ECFE combats isolation.”
- “I meet other parents having the same issues.”
- “My baby has a really good time at ECFE. It is well worth my time.”
- “Attend one class and you’ll be hooked.”
- “ECFE is a great resource!”
- “I receive valuable education and support in ECFE class.”

Here’s a sampling of ECFE classes. Call your local ECFE for details.

Infant-Parent Classes

Bring your baby to ECFE class to sing songs and explore other activities designed to stimulate your baby’s brain development. Meet other parents, share joys and concerns. Parent education topics, led by a licensed parent facilitator, may include feeding, sleeping, crying, parent-child relationships and more.



Infant Massage

Massage benefits both baby and parents by strengthening the parent-child relationship. Learn gentle massage techniques to help your baby relax,



improve digestion and sleep better. Offered at some ECFE locations.



New Parent Connection

Explore and learn ways to care for your newborn baby. Offered at local hospitals.

Home Visits

Call your local ECFE to schedule a visit in your home with a licensed early childhood teacher. Discuss your baby’s development and ECFE class information.